



April 2017 K-8 Menu

Manage meal accounts online or via mobile app

Milk is offered with every meal. Menus are subject to change. For prices please visit our department website at www.jefcoed.com

Monday	Tuesday	Wednesday	Thursday	Friday
3 Sausage Biscuit, Fruit, & Juice Crispito OR Pizza, Black Bean Salad, California Steamed Veggies, Mixed Green Salad & Fruit	4 Cereal Bar, Oatmeal, Fruit & Juice Chicken Fingers OR Meatloaf, Sweet Potatoes, Green Beans, Fruit & Roll	5 Scrambled Eggs, Toast, Bacon, Grit, Fruit & Juice Hot Pocket OR Chicken Pot Pie w/biscuit, Steamed Squash, Green Peas, Mixed Green Salad & Fruit	6 Cinnamon Roll, Oatmeal, Fruit & Juice Steak Nuggets OR Pork Chop, Blackeye Peas, Turnip Greens, Carrot Coins, Cornbread & Fruit	7 French Toast, Sausage Link, Fruit & Juice Fish Strips w/Cornbread OR Chipotle Wrap, Corn, Steamed Broccoli, Fruit & Cookie **Fish Allergy - Sliced Ham
10 Breakfast Pizza, Fruit & Juice Sloppy Joe OR Breaded Chicken Sandwich, Roasted Potatoes, Raw Veggies, Baked Beans & Fruit	11 Ham Biscuit, Fruit & Juice Taco Salad OR Chicken Flatbread Sandwich, Mixed Green Salad, Corn, Mexican Rice & Fruit	12 Scrambled Eggs, Toast, Sausage Link, Grits, Fruit, & Juice Chicken Poppers OR BBQ Mashed Potatoes, Green Beans, Roll & Fruit	13 Biscuit, Sausage Gravy, Fruit & Juice Asian Chicken w/Rice & Baked Sweet Potato OR Hamburger Sweet Potato Fries, Steamed Broccoli & Fruit	14 No School - Holiday
17 No School Professional Development Day	18 Frudel, Oatmeal, Fruit & Juice Chicken Wrap OR Meatball Hoagie, French Fries, Carrot Raisin Salad, Mixed Green Salad, Fruit	19 Scrambled Eggs, Toast, Sausage Link, Grits, Fruit, & Juice Beefaroni OR Seasoned Chicken, Green Beans, Steamed Cauliflower w/cheese sauce, WW Roll, Fruit	20 Biscuit, Sausage Gravy, Fruit & Juice Chicken Alfredo w/breadstick OR Cheese Quesadilla W/Salsa, Mixed Green Salad, California Steamed Vegetables, W. K. Corn, Fruit	21 Mini Waffles, Fruit & Juice Wings W/Texas Toast OR Burrito, Carrots & Celery Sticks, Black Beans, Parmesan Tuscan Salad, Fruit
24 Sausage Biscuit, Fruit & Juice Beef Sliders OR BBQ Sandwich, Potato Salad, Baked Beans, California Steamed Vegetables & Fruit	25 Breakfast Wrap, Grits, Fruit & Juice Chicken & Cheese Sticks w/Salsa or Salisbury Steak w/ Rice w/Gravy, Sweet Potato Casserole, Steamed Broccoli, Brownie & Fruit	26 Scrambled Eggs, Toast, Bacon, Grits, Fruit & Juice Mexican Pizza OR Chicken Fajita Hoagie, Chili Beans, Mixed Green Salad, Chips, & Fruit	27 Muffin, Oatmeal, Fruit & Juice Spaghetti w/WW Roll OR Grilled Chicken Sandwich w/Chips, Italian Mixed Veggies, Corn, & Fruit	28 Piggie Stick, Fruit & Juice Stromboli w/Marinara Sauce OR Corndog, Mixed Green Salad, Sweet Potato Fries, & Fruit